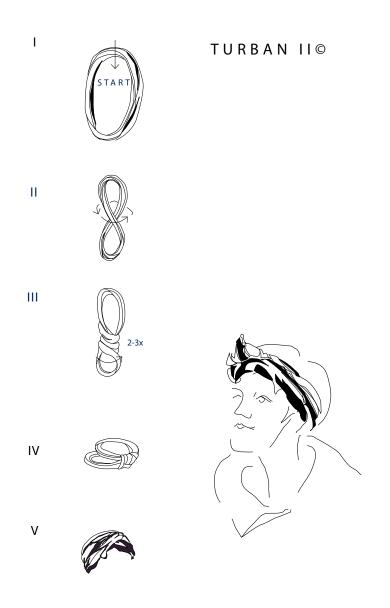
STEP BY STEP



WWW.SICHTSCHICHT.CH



O
To thread for the start:
Put seam after seam on your hand
till you have a tube like on the picturs.(watch the film of the manual)

To start, form the Echarpette into a circle: inside black jersey, outside the reflecting silver finish.

II
Use the Turban material to make a circle and stretch it with both hands so you can twist it into an eight.

III
Twist it once or twice more, depending on the circumference of your head (smaller heads require 1-2 twists more).

IV
Put the two loops on top of each other.

Wear the loop so that the knot is in front of your head.